

Leinster Open (LC) Championships

Dear Club Secretary,

Enclosed please find entry forms and qualification standards for the Leinster Open (LC) Championships

Venue: National Aquatic Centre, Abbottstown

Meet Director: Ms Patricia Healy

Date: Friday 23rd – Sunday 25th March 2012

<u>Session 1:</u>	Friday 23 rd Mar Heats	- warm up 8.30am	start 10.00am
<u>Session 2:</u>	Friday 23 rd Mar Finals	- warm up 4.00pm	start 5.00pm
<u>Session 3:</u>	Saturday 24 th Mar Heats	- warm up 8.30am	start 10.00am
<u>Session 4:</u>	Saturday 24 th Mar Finals	- warm up 4.00pm	start 5.00pm
<u>Session 5:</u>	Sunday 25 th Mar Finals	- warm up 8.30am	start 10.00am
<u>Session 6:</u>	Sunday 25 th Mar Heats	- warm up 4.00pm	start 5.00pm

Fee: €7 per Individual Event, €28 per Relay

Payment: Cheques should be made payable to Leinster Swimming.
Fees to Mr Eoin Gaffney, 10 The Green, Woodbrook Glen, Bray, Co Dublin.

Closing Date: Friday 9th March 2012
No late entries will be accepted, there will be NO exceptions.

Age Up: Ages are as at the opening day of the gala; March 23rd 2012

Entries: on Hy-Tek only, can be emailed to gffleming@eircom.net

Events: 50, 100, 200, 400, 8/1500M Freestyle,
50, 100, 200M Backcrawl, Butterfly & Breastroke
200, 400M Individual Medley

Heats & Finals: Heats & Finals will be 10 Lanes.
There will be Heats in ALL events.
There will be Semi Finals and Finals in the 50M events.
There will be A & B Finals in ALL 100M & 200M events.
There will be a Minimum of an A final in the 400M events and a B final should entries in the 400M events exceed 32 entries.
Fastest Heats of the 800M & 1500M events will be swum in the finals session.

Medals: Medals will be awarded for the OPEN EVENT category only.
The three best **Leinster** swimmers will be awarded Gold, Silver and Bronze medals.
Commemorative medals will be awarded to non-Leinster swimmers who fill any of the first three places.
There will be NO awards in the Youth and Junior age-group categories.

Consideration Times:
PLEASE NOTE – The times on the attached information are Consideration times and clubs can enter athletes for consideration for each event. Times

should have been achieved since March 17th 2011. ALL events MAY be subject to heat limitations to ensure the meet runs to time. Athletes may enter the event with times which are outside the consideration times and where events/heats are undersubscribed entries will be accepted on a time seeded basis. Reserves will be notified in advance of the meet. Reserves will be offered places on the day following submission of scratch sheets for the meet. Athletes who do not get accepted to swim will be credited for the event.

N.B. –Swimmers who enter on NT will not be accepted into the Gala. All entries must quote an entry time.

Selections: Leinster Swimming will be considering the selection of AGE-Group and other Teams to compete at forthcoming internationals based on results delivered in the calendar year of 2012.

Timekeepers: Clubs will be issued with a timekeeping roster in advance of the competition, as rostered by the meet director, by Sunday 18th March.

Clubs will be notified of Technical meeting for all coaches and team managers

Entry Times: The Entry Times below are *Short Course* entry times. Note that the entry times as included in the Hy-Tek Meet Set-up file are the equivalent *Long Course* entry times. The Team Manager software will automatically convert Short Course times to their Long Course equivalent when assessing for which event a swimmer has Entry Times, and for calculating the actual Entry Times prior to submission. For teams running Hy-Tek Team Manager this process should operate “invisibly” in the background and should not need to be of concern to the club Gala Secretaries.

Any changes to the competition will be notified to clubs in advance.

This gala will be run under FINA law. In particular please note that the regulations relating to FINA-approved swimsuits will be enforced. ***(The Meet Referee will waive FINA rule SW3.1.1 where the number of entries does not warrant two heats)***

A fine of €10 per swim will be charged to clubs for swimmers who fail to show up for heats and a fine of €25 for swimmers who fail to scratch from finals.

Clubs who have outstanding fines will not be allowed swim and refunds will not be made in this event. Clubs who have not affiliated to Swim Ireland for the year 2012 will not be allowed to enter swimmers in this event.

Yours in swimming

**Gerald Fleming
Leinster Secretary**

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ORDER OF EVENTS

Friday, 23rd March

Session 1 Warm up 8.30am – 10am Start

Female events followed by Male events.

Event 1 & 2	100	Freestyle	
Event 3 & 4	50	Back	
Event 5 & 6	200	I.M	
Event 7 & 8	100	Breast	
Event 9 & 10	50	Fly	
Event 11	1500	Free	HDW
Event 12	800	Free	HDW
Event 13 & 14	4 x 100	Medley Relay	

Fastest heats of the 1500 and 800 will be held in the finals session.

Session 2 Warm up 4pm – 5pm Start

Female events followed by Male events

Semi - Final event 3 & 4
Finals event 1 & 2
Finals event 5 & 6
Finals event 7 & 8
Presentation event 1 & 2
Presentation event 5 & 6
Presentation event 7 & 8
Semi - Final event 9 & 10
Fastest heat event 11
Fastest heat event 12
Presentation event 11&12
Final event 3 & 4
Final event 9 &10
Final event 13 & 14
Presentation event 3 & 4, 9 & 10, 13 &14

Saturday, 24th March

Session 3 Warm up 8.30am – 10am Start

Male events followed by female events

Event 15 & 16	400	I.M.	
Event 17 & 18	100	Back	
Event 19 & 20	200	Free	
Event 21 & 22	100	Fly	
Event 23 & 24	200	Breast	
Event 25 & 26	4 x 200	Freestyle Relay	

Session 4 Warm up 4pm – 5pm Start

Male events followed by female events

Finals event 15 & 16
Finals event 17 & 18
Presentation event 15 & 16
Finals event 19 & 20
Presentation event 17 & 18
Finals event 21 & 22
Presentation event 19 & 20
Finals event 23 & 24
Presentations event 21 & 22
Finals event 25 & 26
Presentation event 23 & 24
Presentation event 25 & 26

Sunday, 25th March

Session 5 Warm up 8.30am – 10am Start

Female events followed by male.

Event 27 & 28	400	Free
Event 29 & 30	50	Free
Event 31 & 32	200	Back
Event 33 & 34	50	Breast
Event 35 & 36	200	Fly
Event 37 & 38	4 x 100	Freestyle Relay

Session 6 Warm up 4pm – 5pm Start

Female events followed by male.

Final event 27 & 28
Semi Final event 29 & 30
Presentation event 27 & 28
Final event 31 & 32
Semi Final event 33 & 34
Final event 35 & 36
Final Event 29 & 30
Presentation event 31 & 32
Presentation event 35 & 36
Final Event 33 & 34
Presentation event 29 & 30
Presentation event 33 & 34
Final event 37 & 38
Presentation event 37 & 38

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ENTRY FORM

CLUB NAME: _____

SWIMMERS NAME: _____

S.I. REGISTRATION NO. _____ **DATE OF BIRTH** _____

EVENT	TIME	WHERE ACHIEVED
50 Freestyle		
100 Freestyle		
200 Freestyle		
400 Freestyle		
800 Freestyle		
1500 Freestyle		
50 Backstroke		
100 Backstroke		
200 Backstroke		
50 Breaststroke		
100 Breaststroke		
200 Breaststroke		
50 Butterfly		
100 Butterfly		
200 Butterfly		
200 I.M.		
400 I.M.		

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RELAY ENTRY FORM

CLUBS MAY ENTER as many relay TEAMS as they wish

CLUB NAME: _____

WOMENS 4 X 100 F.T.R	
WOMENS 4 X 200 F.T.R	
WOMENS 4 X 100 M.T.R	

MENS 4 X 100 F.T.R	
MENS 4 X 200 F.T.R	
MENS 4 X 100 M.T.R	

Team Manager Form

Club:

Name of Team Manager:

The above named will be the only person (along with club coaches) permitted to access the officials room with any queries etc.

They will also be the only ones permitted to approach the referee regarding decisions made. This however **MUST** be done through the gala organiser, who will facilitate the request at an appropriate time for the referee.

If clubs wish to have a different Team Manager for each session, please list the names below and indicate the session. Clubs DO NOT have to have different Team Managers for each session; they can have the same one for the whole weekend.

Leinster Consideration Standards (for Leinster Registered Athletes)

ALL TIMES ARE SC Times – Entries will be ACCEPTED either SC or LC

ALL Entries entered on SC times will be converted in Hy-Tek and seeded from the HY Tek System

Junior	13- > born 23rd March 1998 or later	14- > born 23rd March 1997 or later
Youth	16- > born 23/3/1995 to 22/3/1998	18- > born 23/3/1993 to 22/3/1997
Open/Senior	17+ > born 22nd March 1995 or before	19+ > born 22nd March 1993 or before

Boys	Age	50FC	100 FC	200FC	400FC	1500FC	50BC	100BC	200BC	50BS	100BS	200BS	50BF	100BF	200BF	200IM	400IM
JUNIOR	14-		1:09.9	2:33.6	5:25.8	21:35.5		1:16.3	2:47.0		1:26.8	3:08.4		1:15.7	2:47.2	2:52.1	6:05.2
YOUTH	18-		1:04.4	2:21.5	5:00.3	19:54.1		1:10.3	2:33.9		1:20.0	2:53.6		1:09.7	2:34.1	2:38.6	5:36.6
SENIOR	19+	29.0	1:02.2	2:16.6	4:49.7	19:12.0	32.3	1:07.8	2:28.5	35.0	1:17.2	2:47.5	30.2	1:07.3	2:28.7	2:33.0	5:24.7

Girls	Age	50FC	100FC	200FC	400FC	800FC	50BC	100BC	200BC	50BS	100BS	200BS	50BF	100BF	200BF	200IM	400IM
JUNIOR	13-		1:15.4	2:44.0	5:44.3	11:47.7		1:23.1	2:58.7		1:33.7	3:20.4		1:21.5	2:58.7	3:03.9	6:25.4
YOUTH	16-		1:11.2	2:34.9	5:25.2	11:08.4		1:18.4	2:48.8		1:28.5	3:09.2		1:17.0	2:48.8	2:53.7	6:04.0
SENIOR	17+	31.5	1:08.8	2:29.6	5:14.1	10:45.7	36.4	1:15.8	2:43.1	39.2	1:25.5	3:02.8	33.1	1:14.4	2:43.1	2:47.7	5:51.6

Open Consideration Standards (for Non-Leinster Athletes)

Boys	50FC	100FC	200FC	400FC	1500FC	50BC	100BC	200BC	50BS	100BS	200BS	50BF	100BF	200BF	200IM	400IM
OPEN	29.0	1:02.2	2:16.6	4:49.7	19:12.0	32.3	1:07.8	2:28.5	35.0	1:17.2	2:47.5	30.2	1:07.3	2:28.7	2:33.0	5:24.7

Girls	50FC	100FC	200FC	400FC	800FC	50BC	100BC	200BC	50BS	100BS	200BS	50BF	100BF	200BF	200IM	400IM
OPEN	31.5	1:08.8	2:29.6	5:14.1	10:45.7	36.4	1:15.8	2:43.1	39.2	1:25.5	3:02.8	33.1	1:14.4	2:43.1	2:47.7	5:51.6